

WEEK # 5

Menu 2016

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	Jan. 16 MONDAY	Jan. 17 TUESDAY	Jan. 18 WEDNESDAY	Jan. 19 THURSDAY	Jan. 20 FRIDAY	Jan. 21 SATURDAY	Jan. 22 SUNDAY
D I N N E R	Cream of Cauliflower	Macaroni Soup	Chicken Noodle Soup	Mushroom Soup	Cream of Chicken	Barley Soup	Bean Soup
	Shake / Bake Chicken Cranberry Sauce	Beef Stew	Pork Chops Fried Onions Apple Sauce	Turkey Steak	Salt Fish Pork Scraps	Shepard Pie	Bake Ham
	Mashed Potatoes	Mashed /Boiled Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed /Boiled Potatoes Turnips	Green Beans	Scalloped or Mashed Potatoes
	Mixed Vegetable	Carrots / Turnip	Broccoli	Brussel Sprout			Kernel Corn
	Choc Cake	Pears	Tapioca Pudding	Fruit Cocktail	Mousse	Mandarin Orange	Lemon Pie
S U P P E R		*	*	*	*		
	Cream of Cauliflower	Macaroni Soup	Fish Chowder	Mushroom Soup	Cream of Chicken	Barley Soup	Bean Soup
	French Toast	Egg Sandwich		Ham Casserole		Chicken on the bone	Fish Cakes
	Sausage	Salad	Rolls		Hamburger / Bun Salad	Potato Salad Cole Slaw	Chow chow
	Fruit Cocktail	Cottage Pudding	Peaches	Banana Bread	Strawberries	Vanilla Pudding	Apple Sauce

Menu may change without notice

HS Snack Menu						
Turnover	Cookies	Rice Kripie Squares	Nutri Bar	Jelly Roll	Toast	Cinnamon Roll